

TeleMental Health/Distance Counseling Agenda

<u>6 Hours CEU Training</u> (9:00 - 4:30)

Introduction and Overview 9:00-10:30 1 ½ hours Introductions and establishing learning community

Goals and objectives

Identify the level of Telemental Health utilization on the part of participants and the implications for clinical practice

Address the definitions, provisions, and requirements set forth by GA Composite Board (Rule 135-11-.01, TeleMental Health), and the Office of Health and Human Services, HSS (HIPAA, HI-Tech Act, Final Omnibus Rule), and the technical guidelines set forth by NASW and LPCA.

Understand the complications at each level of Telemental health usage

- <u>Morning Break</u>

Competencies and confidentiality 10:45 – 12:15 1 ½ hours

Provide an overview of the competencies necessary for providing an effective practice within today's high-tech world including the use of cellular telephones, emails, video conferencing and related technologies.

Comprehend the importance of confidentiality of our client's protected health information, PHI, to insure maximum security while minimizing exposure to litigation for outdated practices and/or "willful neglect".

Identify specific client groups that may necessitate the use of TeleMental Health services.

Know the indications and contraindications of client selections for possible provision of Distance Counseling services based on their diagnosis, technical skills and other important factors.

Scenario analysis to incorporate learning into practice

Lunch

Ethical Assessment and use of Telemental Health services 1:15 – 2:45 1 ½ hours

Integrate important improvements in clinical protocols including but not limited to informed consent, client forms, releases of information, use of encrypted and unencrypted emails and other important procedures for an effective and ethical practice.

Comprehend the components of the ethical decision making process, including stage of ethical decision making, models of ethical decision making, and the ethical decision process worksheet, as applied to the ethical use of Telemental health services.

Scenario analysis to incorporate learning into practice

- Afternoon Break

Wrap-up and review3:00 – 4:30 1 ½ hourContinued scenario analysis to incorporate learning into practiceReview of important learningQuestions and wrap-upEvaluation of program