

PRESENTED BY DR. MERRILL NORTON PHARM.D. PH., CMAC

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SUMMARY

The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM 5. Many of our patients take medications to function at their highest level of success, but psychotropics do present adverse drug effects and monitoring is required. An overview of counselor monitoring for medication efficacy will be discussed. The workshop will also highlight the body of knowledge of psychotropic medications including the latest antidepressants, anti-psychotics, antianxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics. A recent review of the latest research in the neurobiology of anxiety, depression and substance use disorders will also be included in this presentation.

OBJECTIVES

- 1. Discuss and identify classes of drugs used to treat the spectrum of mental disorders:
- 2. Evaluate the latest medications used to treat MDD, GAD, and PTSD;
- 3. Outline the neurobiology of anxiety, depression, and psychotic disorders;
- 4. Discuss the most recent advances in drug therapies in the mental health and substance use treatment fields;
- 5. The latest review of the neurobiology of substance use disorders.

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